



APPROVED: New Assisted Living Community Requirements Prohibit Restraint and Seclusion

Effective July 1, 2023, The Joint Commission approved two new Provision of Care, Treatment, and Services (PC) requirements that prohibit restraint and seclusion in **assisted living communities**. In addition, the terms *restraint* and *seclusion* will be modified in the Glossary (GL) and the term *physical restraint* will be removed. The new EPs and revised Glossary terms are shown in the following box with underline for additions and ~~strikethrough~~ for deletions.

The new elements of performance reflect feedback received while developing requirements for the new Assisted Living Community Memory Care Certification [option](#) however, the new requirements prohibiting restraints and seclusion will apply to all Joint Commission–accredited assisted living communities, not just those pursuing the optional certification. The following sources provided expert guidance for these new requirements:

- **Alzheimer’s Association**—The Alzheimer’s Association collaborated on standards development.
- **Standards Review Panel**—The panel comprised members who were screened and selected based on their level of expertise.
- **Public Field Review**—A six-week survey of the draft standards with participants that included clinicians, administrators, and advocacy organizations with expansive experience in the assisted living setting.

The new requirements are posted on the [Prepublication Standards](#) page of The Joint Commission’s website and will publish online in the spring 2023 E-dition® update to the *Comprehensive Accreditation Manual for Assisted Living Communities (CAMALC)*.

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